

SUN

MON

TUE

WED

THUR

FRI

SAT

LOCATION KEY
 ACR - Arts & Craft Room
 Bus - Bus
 LB - Legends Bar
 LC - Lucky Card Room

TH - Theater

9:30 Chair Exercise (LC) **5**
 10:00 Bowling (LC)
 11:00 Trinity United Methodist Church (TH)
 1:00 Bingo (LB)
 2:30 Sunday Matinee (TH)
 3:00 Whiteboard Games (LC)
 6:30 Movie Night (TH)

10:00 EmpowerMe Fitness (LC) **6**
 10:30 Blood Pressure Clinic (LC)
 11:00 Cornhole (LC)
 1:00 Bingo (LB)
 2:30 Movie Matinee (TH)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **7**
1:00 Food & Activities Forum (TH)
 2:00 EmpowerMe Swim Exercise (Pool)
 2:00 Giant Crossword (LC)
 2:30 Matinee (TH)
3:00 Name that Tune! (LB)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Tai Chi (LC) **8**
9:30 Donuts & Coffee (LB)
 9:30 Tai Chi (LC)
10:30 Winn Dixie (Bus)
 1:00 Bingo (LB)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **9**
 10:00 Water Aerobics (Pool)
10:30 Sunshine Thrift (Bus)
2:00 Craft Frenzy (ACR)
 2:30 Movie Matinee (TH)
 3:00 Giant Crossword (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **10**
 10:00 Bocce Ball (LC)
 11:00 Cards (LC)
 1:00 Bible Study (TH)
 1:00 Bingo (LB)
 2:00 Coloring Club (ACR)
3:00 Cinebistro (TH)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **11**
 10:00 Ring Toss (LC)
 11:00 Cards (LC)
2:30 Banana Split Social (LB)
 3:15 Our Lady Queen of Martyrs Church Service (Bus Trip)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **12**
 10:00 Bowling (LC)
 11:00 Trinity United Methodist Church (TH)
 1:00 Bingo (LB)
 2:30 Sunday Matinee (TH)
 3:00 Whiteboard Games (LC)
 6:30 Movie Night (TH)

10:00 EmpowerMe Fitness (LC) **13**
 10:30 Blood Pressure Clinic (LC)
 11:00 Shuffle Toss (LC)
 1:00 Bingo (LB)
 2:30 Movie Matinee (TH)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **14**
11:30 Ladies Luncheon (LB)
1:00 Resident Council (TH)
 2:00 Giant Crossword (LC)
 2:30 Matinee (TH)
 3:00 Mexican Train (LC)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Tai Chi (LC) **15**
10:30 OLQM Thrift Store (Bus)
 1:00 Bingo (LB)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **16**
 10:00 Water Aerobics (Pool)
1:00 Resident Town Hall (TH)
 2:00 Chime Choir (LC)
 2:30 Movie Matinee (TH)
 3:00 Giant Crossword (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **17**
 10:00 Bocce Ball (LC)
 11:00 Cards (LC)
 1:00 Bible Study (TH)
 1:00 Bingo (LB)
 2:00 Coloring Club (ACR)
3:00 Armchair Travel
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **18**
 10:00 Ring Toss (LC)
 11:00 Cards (LC)
 3:15 Our Lady Queen of Martyrs Church Service (Bus Trip)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **19**
 10:00 Bowling (LC)
 11:00 Trinity United Methodist Church (TH)
1:00 Dollar Bingo & Bloody Mary's (LB)
 2:30 Sunday Matinee (TH)
 3:00 Whiteboard Games (LC)
 6:30 Movie Night (TH)

10:00 EmpowerMe Fitness (LC) **20**
 10:30 Blood Pressure Clinic (LC)
 11:00 Cornhole (LC)
 1:00 Bingo (LB)
 2:30 Movie Matinee (TH)
 3:00 Strength & Stretch with Laura (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **21**
11:30 Mens Luncheon (LB)
 2:00 EmpowerMe Swim Exercise (Pool)
 2:00 Giant Crossword (LC)
 2:30 Matinee (TH)
3:00 Resident vs. Staff Trivia! (LB)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Tai Chi (LC) **22**
10:30 Walmart (Bus)
 1:00 Bingo (LB)
2:00 Craft Frenzy with Erin (Arts and Craft Room)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **23**
 10:00 Water Aerobics (Pool)
11:00 Perkins (Bus)
 2:00 Giant Crossword (LC)
 2:30 Movie Matinee (TH)
 3:00 Board Games (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **24**
 10:00 Bocce Ball (LC)
 11:00 Cards (LC)
 1:00 Bible Study (TH)
 1:00 Bingo (LB)
 2:00 Coloring Club (ACR)
3:00 Patio Chat (Courtyard)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Cardio Drumming Class (LC) **25**
 10:00 Horseshoes (LC)
 11:00 Cards (LC)
2:00 Residents Birthday Celebration with Barry! (LB)
 3:15 Our Lady Queen of Martyrs Church Service (Bus Trip)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **26**
 10:00 Bowling (LC)
 11:00 Trinity United Methodist Church (TH)
 1:00 Bingo (LB)
 2:30 Sunday Matinee (TH)
 3:00 Whiteboard Games (LC)
 6:30 Movie Night (TH)

10:00 EmpowerMe Fitness (LC) **27**
 10:30 Blood Pressure Clinic (LC)
 11:00 Shuffle Toss (LC)
 1:00 Bingo (LB)
 2:30 Movie Matinee (TH)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **28**
11:00 Cookie Creations (LB)
 2:00 Giant Crossword (LC)
 2:30 Matinee (TH)
3:00 Christmas in July (LB)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Tai Chi (LC) **29**
10:30 Target (Bus)
 1:00 Bingo (LB)
 3:30 Strength & Stretch with Laura (LC)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **30**
 10:00 Water Aerobics (Pool)
10:15 Boat Trip (Bus)
 2:30 Movie Matinee (TH)
 3:00 Giant Crossword (LC)
 6:30 Movie Night (TH)

9:30 Chair Exercise (LC) **31**
 10:00 Bocce Ball (LC)
 11:00 Cards (LC)
 1:00 Bible Study (TH)
 1:00 Bingo (LB)
 2:00 Coloring Club (ACR)
 6:30 Poker (Resident Led) (LB)
 6:30 Movie Night (TH)

July 2026

Scheduled programs subject to change.

